FREE FOOD ATLANTA

DOCUMENT SHARED BY **NEW LIFE CATHEDRAL IFC** • newlifecathedralifc.org

WHERE TO GET FREE FOOD IN ATLANTA

The following entities offer free food to anyone who shows up.
No strings attached, no ID requirements, no run-around.
INSTAGRAM handles included below for convenience!

DOWNTOWN

- Atlanta Justice Alliance, most Saturdays 12pm at Woodruff Park @atlantajusticealliance
- Sol Underground Free Store, 1st Fridays 7-9pm at For Keeps Books; 2nd + 4th Fridays 7-9pm
  - 48 MLK Jr Dr SW @solunderground

SOUTH SIDE

- F4L Gresham Distro, every Wednesday 4-6pm at Gresham Rec Center @weelauneedistro
- F4L Jonesboro Distro, every Friday 5pm at Jonesboro Rd SE + Hutchens Rd SE @food4lifeatl
- F4L Lakewood Distro, every Saturday 12pm at Lakewood Ave SE + Rhodesia Ave SE @food4lifeatl
- South Bend Commons, every Tuesday 5pm at 1799 Lakewood Ter SE @southbendcommons
- New Life Community Alliance, Tues-Sat 10am-12pm at 3592 Flat Shoals Rd • 404-381-6731

EAST SIDE

- Food4Life Edgewood Distro, every Sunday 1pm at Mayson Ave + Hardee St @food4lifeatl
- Intown Food Pantry, every Tues and Sat 10am-12pm at 1026 Ponce de Leon Ave NE • 404-590-6956
- Mt Welcome Baptist Church Distro, 2nd + 4th Fridays 12pm-3pm, 2nd + 4th Sundays 11am-1pm
  - 581 Parker Ave • 404-373-4541

WEST SIDE

- Another Chance of Atlanta, every Friday 11am-4pm at 3700 Wendell Dr SW, Suite 4 • 678-974-5989
- Community Church, every Wednesday 10am-1pm at 850 Cascade Ave SW • 404-755-4100
- Salem Bible Church Atlanta, 2nd + 4th Thursdays 10am-1pm at 2267 Baker Rd • 404-564-1466
- PawKids ATL, every Mon and Thurs 11am-1pm at 1633 Donald Lee Hollowell Pkwy @pawkids_atl

BUCKHEAD

- Water Drop ATL (they have food too!) every Sunday morning near Lindbergh.

OUTSIDE THE PERIMETER

- F4L Clarkston Distro, every Tuesday 4pm at Milam Park, Clarkston @food4lifeatl
- Malachi's Storehouse, every Wed 9am-12pm at 4755 N Peachtree Rd, Dunwoody • malachis.org
- Salem Bible Church Stonecrest, every Tues 10am-1pm at 2750 Panola Rd, Stonecrest • 404-564-1469
- Rock Church, every Tues 11am-1pm, Wed 9:30am-3pm, and Thurs 12pm-3pm
  - 4815 Courtney Dr, Forest Park • rockchurchofatl.org

FIND MORE FOOD

- Text "FINDFOOD" or "COMIDA" to 888-976-2232 (Atlanta Community Food Bank).
- Be aware that many of the pantries in their directory require ID. Get more info at acfb.org/get-help

FOOD ASSISTANCE
ATLANTA & DECATUR

DOCUMENT SHARED BY **NEW LIFE CATHEDRAL IFC** • newlifecathedralifc.org

WHERE TO GET FOOD ASSISTANCE IN ATLANTA & DECATUR

Here are several food banks and assistance resources available in the Atlanta and Decatur, GA area to support those affected by SNAP program cuts.

Major Food Banks /Assistance Programs and Community Support

- **Atlanta Community Food Bank (ACFB)**
  - Offers a searchable Food Pantry Map to locate nearby pantries by ZIP code.
  - Also provides SNAP enrollment assistance.
  - Phone/Text: 1-888-976-2232 (Text “Find Food” or “Comida”)
    - Atlanta Community Food Bank DeKalb County Public Library
- **Decatur Emergency Assistance Ministry (DEAM)**
  - Provides food, medication, and utility assistance by appointment.
  - Address: 515 E Ponce de Leon Ave, Decatur, GA 30030
  - Call: 404-373-9283 for food/Rx; 404-373-2300 for utilities
  - Hours: Mon, Tue, Thu, Fri – 8:30 AM to 11:30 AM deamdecatur
- **St. Vincent de Paul Society – Stone Mountain**
  - Emergency food pantry (monthly access); referral letter required.
  - Address: 4871 Memorial Dr, Stone Mountain, GA 30083
  - Phone: 404-292-4102 DeKalb County Public Library
- **Sarah’s Closet & Food Pantry – Decatur**
  - Hours: Tue 11 AM–1 PM, Thu 5:30 PM–7:30 PM
  - Requires a GA ID for each family member.
  - Phone: 770-593-3282 Food Pantries
- **New Birth Missionary Baptist Church**
  - Accepting food donations and distributing groceries during SNAP disruptions.
  - Located in Lithonia, GA (near Decatur) newbirth.org
- **New Life Community Alliance**
  - https://nlca-atl.org

Locator Resources

- **1-800-Hungry** (They will tell you where the nearest food bank is to you.)
- **Find Help**
  - https://findhelp.org (This is a national database. Type in your zip code and they will give you three resources where you can find food)

Digital & Government Resources

- **Food Finder App**
  - A mobile/web app that helps locate free food assistance programs across Georgia. dca.georgia.gov
- **Georgia Department of Community Affairs – Food Resources**
  - Offers a statewide directory of food pantries and school meal programs. dca.georgia.gov

These organizations are stepping up to meet increased demand due to SNAP delays.
It's a good idea to call ahead to confirm hours and eligibility requirements.